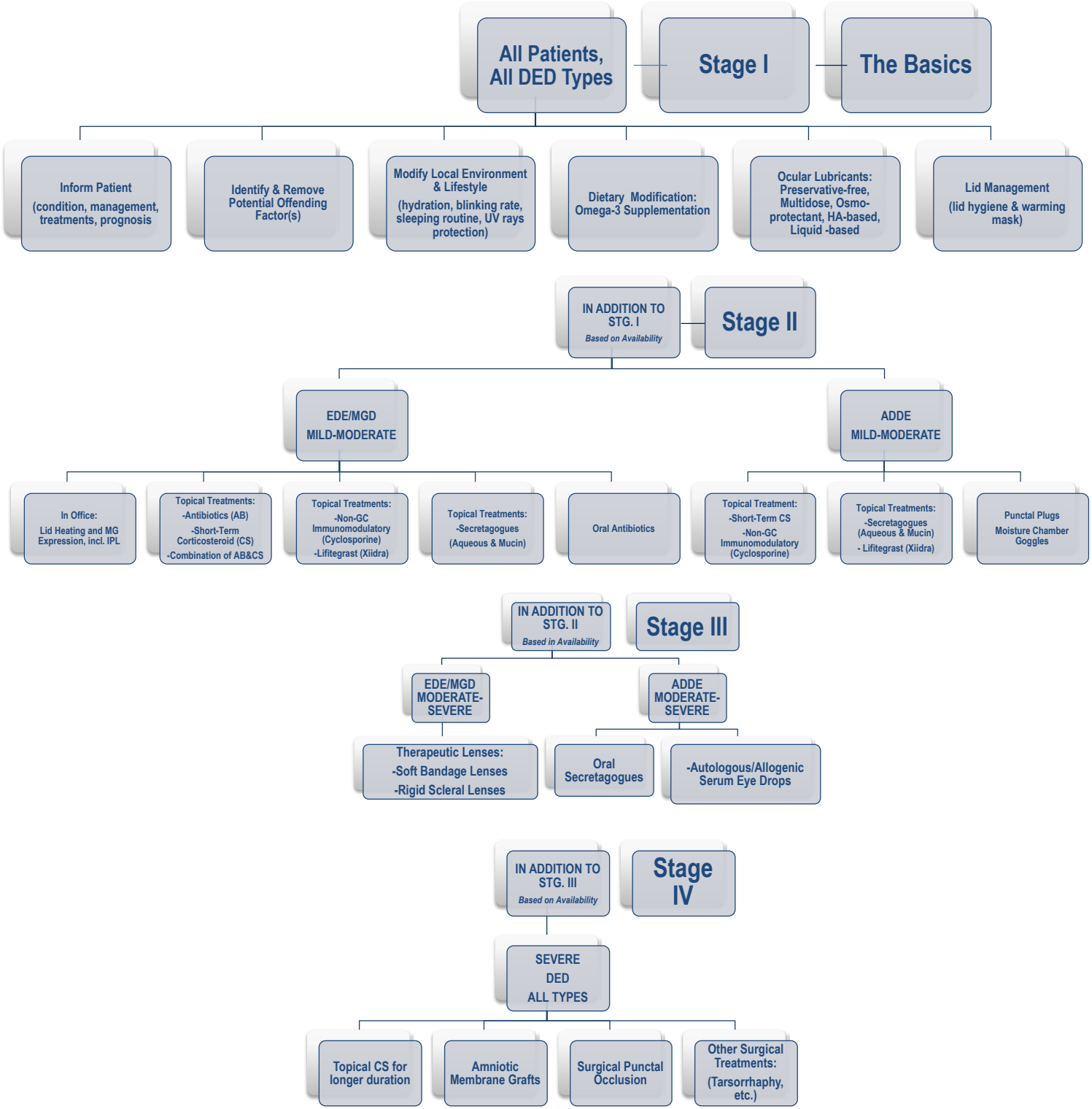
All Patients, All DED Types
Stage I
The Basics
Inform Patient (condition, management, treatments, prognosis
Identify & Remove Potential Offending Factor(s)
Modify Local Environment & Lifestyle (hydration, blinking rate, sleeping routine, UV rays protection)
Dietary Modification: Omega-3 Supplementation
Ocular Lubricants: Preservative-free, Multidose, Osmo-protectant, HA-based, Liquid -based
Lid Management (lid hygiene & warming mask)
IN ADDITION TO STG. I
Based on Availability
Stage II
EDE/MGD MILD-MODERATE
ADDE MILD-MODERATE
In Office: Lid Heating and MG Expression, incl. IPL
Topical Treatments: -Antibiotics (AB) -Short-Term Corticosteroid (CS) -Combination of AB&CS
Topical Treatments: -Non-GC Immunomodulatory (Cyclosporine) -Lifitegrast (Xiidra)
Topical Treatments: -Secretagogues (Aqueous & Mucin)
Oral Antibiotics
Topical Treatment: -Short-Term CS -Non-GC Immunomodulatory (Cyclosporine)
Topical Treatments: -Secretagogues (Aqueous & Mucin) - Lifitegrast (Xiidra)
Punctal Plugs Moisture Chamber Goggles
IN ADDITION TO STG. II
Based in Availability
Stage III
EDE/MGD MODERATE-SEVERE
ADDE MODERATE-SEVERE
Therapeutic Lenses: -Soft Bandage Lenses -Rigid Scleral Lenses
Oral Secretagogues
-Autologous/Allogenic Serum Eye Drops
IN ADDITION TO STG. III
Based on Availability
Stage IV
SEVERE DED ALL TYPES
Topical CS for longer duration
Amniotic Membrane Grafts
Surgical Punctal Occlusion
Other Surgical Treatments: (Tarsorrhaphy, etc.)